



### Cycling

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 AM	Cycling Interval (60')		Cycling Interval (60')			Cycling Interval (55')	
11 AM					FREE CYCLING RIDE (60')	Cycling Interval (55')	
12 PM		INTERVAL CYCLING (55')					
12:30 PM							Cycling Interval - Alex Stancu (55')
6 PM				HEE CYCLING cu George Trifanescu (60')			
7 PM	Cycling Interval (60')	Cycling Interval - CLASA ANULATA! (60')	Free Ride Cycling (55')				