



Cycling

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 AM	Cycling Interval - Raul Cormos (60')		Cycling Interval (60')			Cycling Interval (55')	
11 AM					FREE CYCLING RIDE (60')	Cycling Interval (55')	
12 PM		Cycling Interval (55')					
6 PM				Cycling Interval (60')			
7 PM	Cycling Interval (60')	Cycling Interval cu cu George Trifanescu (55')		Free Ride Cycling (55')			