



Karate Kyokushin

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 AM			KICKBOXING (TEENS & ADULTS) (90')		KICKBOXING (TEENS & ADULTS) (90')		
10 AM	Kick Box (60')						
5 PM		KYOKUSHIN KARATE (WHITE AND ORANGE BELT) (60')		KYOKUSHIN KARATE (WHITE AND ORANGE BELT) (60')			
6 PM		KYOKUSHIN KARATE (BLUE AND YELLOW BELT) (60')		KYOKUSHIN KARATE (BLUE AND YELLOW BELT) (60')			
7 PM		KYOKUSHIN KARATE (GREEN, BROWN AND BLACK BELT) (90')		KYOKUSHIN KARATE (GREEN, BROWN AND BLACK BELT) (90')			
7:30 PM	KICKBOXING (TEENS & ADULTS) (90')		KICKBOXING (TEENS & ADULTS) (90')		KICKBOXING (teens & adults) (90')		