



**Aerobics**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 AM						Move and Ballance for Happy Healthy Kids (4 - 9 years) (60')	
11 AM						Teens Class - Train Smart, Grow Strong (12 - 16 years) (55')	Aqua Games (5 - 11 years) (60')
4:30 PM			Little Gladiators (6 - 13 years) - Martial arts studio (60')				
5 PM	Zumba (4-10 years) -Studio Balet 1 (60')			Kids Fusion Dance cu Andreea Mihaesi & Mihai Mateas (Aerobic studio ground floor) (60')			
6 PM			Move and ballance for Happy Healthy Kids ( 6 - 13 ani) - Squash courts (60')				